ERS International Congress 2015
Amsterdam, Netherlands - 26–30 September

ESW19, 21, 23. Motivational interviewing for smoking cessation in COPD smokers
Date: 29.09.2014

WORKSHOP PREPARATION
Readings, guidelines and E-learning resources

WORKSTATION 1 - Different theories of motivation

Further Reading General


Further Reading Motivational Interviewing and COPD

Further Reading Motivational Interviewing and Asthma


Further Reading Motivational Interviewing and Obstructive Sleep Aponea


Suggested Website Links


Suggested Links to Video Resources

19. https://www.youtube.com/results?search_query=%22motivational+interviewing%22

WORKSTATION 2 - How to measure motivation

1. Spiller V, Zavan V, Guelfi GP: Assessing Motivation For Change In Subjects With Alcohol Problems: The Mac2-A Questionnaire. Alcohol and Alcoholism. 2006 41(6), 616-623 (http://alcalc.oxfordjournals.org/content/41/6). A scientific article on the MAC Questionnaire. This is the validation study of the MAC Alcohol Questionnaire. The item 1 is interesting for people involved in research, can be skipped by people mainly interested in clinical work.

The reference of a book chapter describing the theory of motivation underlying the MAC Questionnaire

WORKSTATION 3 - The different phases of motivational interviewing

WORKSTATION 4 - The roles spirometry and lung age play in increasing the motivation of COPD patients

4. Parker DR, Goldman RE, Eaton CB. A qualitative study of individuals at risk for or who have chronic obstructive pulmonary disease: what do they understand about their disease?