P3351
A pilot study for benign central airway stenosis: Local injection of triamcinolone acetonide therapy
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Objectives: To evaluate the efficacy and security of local injection of Triamcinolone acetonide (TA) for benign central airway stenosis (BAS).

Methods: Forty intractable BAS patients were selected and averagely divided into treatment group and control group. Local injection of TA was used to cover entire stenosis lesions. Interventional procedures were combined to manage complicated airway stenosis. After a 6 months follow-up, compared two groups with airway diameter, stricture rate, dyspnea score, and clinical stabilization before and after the treatment.

Results: No statistically significant differences in the two groups. A 6 months follow-up, 16 patients remain stable after treatment, besides 4 patients appear restenosis in treatment group, compare with Control group 20 cases restenosis. Restenosis interphase time and clinical stabilization time was markedly increased. No local injections related complications was recorded.

Conclusion: Local injections of TA therapy combined with traditional interventional techniques for BAS has good curative effect. It shows advantages in long-term efficacy, few side-effects, and good safety.

373. Medical access to the pleura

P3352
Role of single port medical pleuroscopy using optical biopsy forceps in diagnosing malignant pleural effusion
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Introduction: Medical pleuroscopy is useful in early confirmation of malignant pleural effusion. Optical biopsy forceps helps in getting adequate number and amount of specimen through a single port giving a small incision.

Aims and objectives: To assess the efficacy and safety of single port medical pleuroscopy using optical biopsy forceps in diagnosing malignant pleural effusion.

Methods: This is a retrospective study of all patients who had been histopathologically proved to have malignant pleural effusion by single port diagnostic medical pleuroscopy using optical biopsy forceps between January 2009 and January 2012 in a tertiary care hospital in India.

Results: 39 patients (25 males and 14 females) underwent medical pleuroscopy during the period of study with a probable diagnosis of malignant pleural effusion. Mean age of patients was 54.8 years (range: 38-82 years). 37 patients (94.8%) were confirmed to have malignancy by medical pleuroscopic biopsy. Adenocarcinoma was the commonest malignancy – 15 (40.5%), followed by squamous cell carcinoma – 11 (29.7%), small cell carcinoma – 5 (13.5%), poorly differentiated carcinoma – 3 (8.1%), malignant mesothelioma – 2 (5.4%), and non-Hodgkin’s lymphoma (2.7%). Reports were inconclusive in two patients. VATS biopsy subsequently confirmed them to be adenocarcinoma and mesothelioma respectively. Complications encountered during the perioperative period included: superficial wound infection in one (2.5%), and air leaks more than 7 days in two (5.1%) cases.

Conclusions: Single port medical pleuroscopy using optical biopsy forceps has a high diagnostic rate in malignant pleural effusion. The procedure is also safe.

P3353
Medical thoracoscopy performed using FOB & single rigid port under conscious sedation
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Background & Objectives: Pleural effusion can remain undiagnosed following thoracentesis in a significant number of cases. We evaluated our own technique for performing thoracoscopy under conscious sedation using a 7mm rigid port and a flexible fiber optic bronchoscope for the diagnosis of patients with unilateral pleural effusion. We evaluated cost of care by comparing the same procedure with rigid thoracoscopy.

Methods: Twenty four patients with unilateral pleural effusion who underwent thoracoscopy under conscious sedation using a 7mm rigid port and a flexible fiber optic bronchoscope during April 2011 to Feb 2012 were retrospectively studied. Two patients who underwent rigid thoracoscopy for evaluation of undiagnosed effusion were taken to consideration for cost analysis.

Results: Thoracoscopy done under conscious sedation using FOB and a 7mm port is a safe procedure to perform in the diagnosis of pleural effusion in all cases. The visualisation of the pleura and lung using this instrumentation was adequate for to acquire an impression. A forceps biopsy of the pleura could therefore be easily and effectively performed. Cost analysis does reflects 3fold decrease in cost to patient.

Conclusion: This technique is considered to have clinical utility as a diagnostic tool for evaluation of pleural effusion. This method is safe and effective. As procedure was performed with FOB, is it user friendly for a pulmonologist and inexpensive to the patient.

Table 1. TA group treatment results.

<table>
<thead>
<tr>
<th>Evaluation time</th>
<th>Airway diameter (mm)</th>
<th>Stricture rate (%)</th>
<th>Dyspnea score</th>
<th>Clinical stationary time (days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before TA treatment</td>
<td>3.10±1.83</td>
<td>77.08±13.63</td>
<td>3.45±0.51</td>
<td>10.95±5.49</td>
</tr>
<tr>
<td>After TA treatment</td>
<td>9.30±2.34</td>
<td>26.82±12.69</td>
<td>0.35±0.49</td>
<td>98.75±55.58</td>
</tr>
<tr>
<td>Statistics</td>
<td>13.102</td>
<td>10.455</td>
<td>20.743</td>
<td>5.724</td>
</tr>
</tbody>
</table>

Table 2. TA group compare with control group after 6 months follow up

<table>
<thead>
<tr>
<th>Groups</th>
<th>Airway diameter (mm)</th>
<th>Stricture rate (%)</th>
<th>Dyspnea score</th>
<th>Clinical stationary time (days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>TA</td>
<td>8.70±2.52</td>
<td>29.17±14.55</td>
<td>0.55±0.76</td>
<td>98.75±55.58</td>
</tr>
<tr>
<td>Control</td>
<td>4.50±1.64</td>
<td>64.80±13.35</td>
<td>2.70±0.92</td>
<td>11.35±4.39</td>
</tr>
<tr>
<td>Statistics</td>
<td>6.658</td>
<td>8.161</td>
<td>7.844</td>
<td>7.070</td>
</tr>
</tbody>
</table>

p<0.01
**P3354**

Usefulness of semiflexile thoracoscropy under local anesthesia for patients with unknown pleural effusion

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**Background:** Pleural effusion may arise from a wide range of diseases. However, it is difficult to make a diagnosis by thoracocentesis or needle biopsy. Recently, semiflexible thoracoscropy has been performed under local anesthesia for diagnosis or treatment of pleural diseases.

**Objectives:** To determine the benefit and safety of the thoracoscropy for the diagnosis of unknown pleural effusion or the treatment of pleural diseases.

**Methods:** Between April 2001 and June 2011, we performed the thoracoscopy in 39 patients (31 men and 8 women) who could not be diagnosed by cytologic and bacteriologic examinations of pleural effusion by thoracocentesis. We used a semiflexible thoracoscope (LFT 240, Olympus Medical Systems Co., Tokyo, Japan) for the observations of pleural cavity, and obtained pleural biopsies from abnormal areas of parietal pleura.

**Results:** We underwent semiflexible thoracoscopy in 29 patients for diagnosis of pleural diseases and 22 cases were provided the pathological diagnosis (6 pleuriot carcinomatosa, 2 malignant mesothelioma, 1 synobital sarcoma, 7 empyema, 3 tuberculous pleural effusion, 2 rheumatoid arthritis and 1 sarcoidosis). In addition, semiflexible thoracoscopy was performed for the treatment in 10 cases with acute or chronic empyema for the purpose of detachment of fibrin, destruction and removal of the septum.

**Conclusions:** Semiflexible thoracoscopy under local anesthesia can be safely performed by pulmonary physicians. It is considered an easy and useful examination for the diagnosis of pleural diseases.

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**P3355**

When to image post-thoracoscopy?

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**Introduction:** Chest radiography day 1 post-thoracopy to review lung re-inflation is suggested by the British Thoracic Society. Practice in the UK has been compared to areas where medical thoracoscropy is a day case procedure.

**Objectives:** To review the length of stay, time to lung re-inflation and survival interval following thoracopy in a district general hospital.

**Methods:** A retrospective study identified patients undergoing medical thoracoscopies between 01/06/2007 and 31/12/2011. Casenotes and electronic records were reviewed to obtain tissue diagnosis, imaging intervals and length of stay post-procedure. Images were reviewed to determine rates of lung re-inflation and fluid re-accumulation.

**Results:** 123 patients were identified. Pleural biopsies were taken at 95% of procedures, with a diagnostic sensitivity of 97%–47% of cases were positive for malignant mesothelioma. Time to initial chest radiography ranged from 0–4 days. First imaging at day 1 had 63% re-inflation compared to 78% at day 2 post-thoracopy. Persistent effusion was noted in 56 cases, pneumothorax in 11 and both were present in 21. Length of stay averaged 4.4 days, with 45% patients discharged within 2 days.

**Conclusion:** Overall 30% of patients had not achieved lung re-inflation at first imaging, up to 2 days post-thoracopy. Initial imaging on day 2 provides time for re-inflation whilst avoiding repeated chest radiographs.


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**P3356**

Cryobiopsy versus forceps biopsy during semiflexible thoracotomy

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Performing biopsies during semiflexible thoracotomy is often a difficult and time-consuming task due to the low mechanical power when using dedicated flexible forceps. Biopsies by cryoprobe could overcome these limitations. The purpose of this study was to compare the feasibility, size and quality of the specimens obtained by cryobiopsy with specimens obtained by flexible forceps.

Fifteen patients with pleural effusion of unknown origin that underwent semiflexible thorascopy were included. Biopsies were obtained using a flexible autoclavable cryoProbe 20416-032 (ERBE, Germany) 2.4 mm in diameter or flexible FB-55CD-1 Olympus forceps.

Tissue samples were obtained from all 15 patients by forceps and from 14 patients by cryobiopsy, three with each technique per patient. The median size of the cryobiopsy sample was 17.1 (3.9-86.7) mm² and 9.1 (2.3-27.2) mm² of the forceps sample. Cryobiopsy samples were easier for interpretation (p = 0.003) than forceps biopsy samples. The amount of artifacts wasn’t statistically different between groups (p = 0.285). Diagnostic yield was the same by both techniques in patients, where both types of specimens were obtained. There were no bleeding problems after the biopsies. Cryobiopsy during semiflexible thorascopy appears to be an effective and safe method for obtaining specimens from the pleural cavity. Cryobiopsy samples were bigger than samples, obtained by flexible forceps. The quality and diagnostic yield were comparable.

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**P3357**

Use and comparison of a fiber optic bronchoscope as an alternative to a purpose built thoracoscope

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**Background:** Mechanical failure of (fiber optic thoracoscope) FOT at our unit, which was an established investigation in pleural disease led to a search for an alternative.

**Objective:** To demonstrate the use of a fiber optic bronchoscope (FOB) for local anesthetic thoracoscopy and to compare it with a purpose build thoracoscope.

**Methodology:** The new procedure was similar to standard local anesthetic thoracoscopy with the difference being an 8mm internal diameter endotracheal tube used as the trochar thorough which FOB was inserted. 22 patients with undiagnosed unilateral plural effusion underwent the procedure from July to November 2011.

**Results:** There were compared to those obtained using purpose built FOT in 22 consecutive patients from January 2011.

**Conclusion:** A modified procedure with FOB can be used safely with a reasonable success rate to investigate pleural disease by experienced operators although there are some limitations.

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**P3358**

Talc pleurodesis in malignant pleural effusions: A 5-year experience

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**Introduction:** Talc pleurodesis is an excellent therapeutic option in patients with malignant pleural effusions (MPE), however the best method to perform it remains a matter of debate.

**Objectives:** To compare two different methods of talc instillation in terms of clinical efficacy and safety in patients with MPE.

**Methods:** Retrospective study of patients with MPE submitted to talc pleurodesis between 2006 and 2010. Two different techniques were compared: thorascopic talc poudrage (TP) and talc slurry through the chest tube (TS).

**Results:** A total of 93 patients were evaluated (47 TP group, 46 TS group). Clinical demographics and primary malignancies were similar in both groups. The overall complication rate was 54.8%, without significant difference between the two groups. Most frequent complications were thoracic pain (32.3%), fever (24.7%), subcutaneous emphysema (7.5%) and prolonged drainage (5.4%). No serious complication or death was registered. The average length of hospital stay was 8 days in the TP group vs 19.7 days in the TS group (p=0.001). The average chest drain and suction duration was 5.6 days in the TP group vs 10 days in the TS group (p=0.001). Among patients alive at 30 days, efficacy in local control of MPE was 82.5% in the TP group (33/40) vs 72.1% in the TS group (31/43) (p=0.259). There was no difference in mortality between the two groups (p=0.336).

**Conclusion:** Talc pleurodesis was a safe and effective palliative treatment for patients with MPEs. Patients who underwent thorascopic talc poudrage had a significant shorter length of hospital stay and chest drainage duration. There was no difference regarding complications, efficacy and mortality.
**P3359**

The change of complication rate in chemical pleurodesis after replacement of talc preparation from small to large particle size — A longitudinal cohort study

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**Background:** Talc particle size is an important determining factor for complication in talc pleurodesis.

**Aims:** To investigate any change in complication rate for talc pleurodesis after replacement of talc preparation from small to large particle size.

**Methods:** It is a longitudinal cohort study conducted in Kwong Wah Hospital, Hong Kong. Talc preparation was changed from small (mean particle diameter <10μm) to large particle size (Steritale®; mean size: 31.3μm) since 1st Jan 10. Patients who received new talc preparation (1st Jan 10 to 31st Dec, 11) were compared to those who received old talc preparation (1st Jan07 to 31st Dec09). The safety profile and efficacy of pleurodesis were compared between the 2 groups.

**Results:** 141 patients were recruited. Since the change of talc preparation from small to large particle size, ARDS was totally eliminated. Post-pleurodesis fever was significantly reduced from 30.7 to 9.4%, resulting in a significant drop in antibiotic use.

Table 1. Complications rate in chemical pleurodesis since the change of talc preparation from small to large particle size.

<table>
<thead>
<tr>
<th></th>
<th>Small particle size</th>
<th>Large particle size</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARDS</td>
<td>(3/88) 3.4%</td>
<td>(0/53) 0%</td>
</tr>
<tr>
<td>Post-procedure Fever</td>
<td>(27/88) 30.7%</td>
<td>(5/53) 9.4%</td>
</tr>
<tr>
<td>Use of antibiotic as a result of post-pleurodesis fever</td>
<td>(12/88) 13.6%</td>
<td>(2/53) 3.8%</td>
</tr>
<tr>
<td>Mean decrease in SpO2 after chemical pleurodesis</td>
<td>-2.4%</td>
<td>0.0%</td>
</tr>
</tbody>
</table>

Moreover, the efficacy of chemical pleurodesis was not jeopardized.

**Conclusions:** There was a significant reduction in complication rates in chemical pleurodesis after replacement of the talc preparation from small to large particle size.

**P3360**

Chest drain safety checklist

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**Background:** Intercostal chest drains are amongst the most invasive procedure in medicine that will be conducted by trainees. Adverse events unfortunately are well reported with chest drains, the UK’s National Patient Safety Agency (NPSA) reported 12 deaths and 768 events of harm all related to chest drains occurring between Jan’05 and Mar’08. A new event is “a serious, largely preventable patient safety incident that should not occur if the available preventative measures have been implemented by health-care providers”. Never Events are preventable because there is guidance that explains what the care or treatment should be; there is guidance to explain how risks and harm can be prevented; and there has been adequate notice and support to put systems in place to prevent them from happening. The NPSA Never Events list includes wrong site surgery, and in the respiratory arena this encompasses the infrequent but always regrettable insertion of a chest drain on the wrong side.

**Aims:** To devise a chest drain proforma to improve patient safety and prevent adverse and never events.

**Methodology:** We used an iterative model building upon the WHO surgical safety checklist.

**Results:** We devised and piloted a “Chest drain safety check list” utilising a 2-person stepwise approach.

**Conclusion:** This checklist represents a process that should lead to a systematic and safe approach to inserting chest drains.

**P3361**

The need for including pleural procedure sessions in respiratory physicians’ job planning in the United Kingdom

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**Background:** In 2008, the UK National Patient Safety Agency (NPSA) issued an alert for risks associated with insertion of intercostal chest drains (ICD) and highlighted issues related to insertion by non-specialists and by inadequately trained or supervised junior doctors.

**Methods:** In an acute hospital (catchment population about 280000), an education campaign targeted at emergency medicine on-call doctors was started in August 2008 questioning the need for out-of-hours insertion of ICD. Three physician-led elective sessions/week were introduced in November 2008; trainees were directly supervised by experienced physicians (consultants); all unavoidably out-of-hours ICD procedures were reviewed by respiratory consultants.

**Results:** Fifty-two patients underwent ICD insertion in 5 months: 18 (34.62%) for pneumothorax; 34 (65.38%) for effusions. Of the 34 with pleural effusions, 31 (91.17%) had radiological imaging pre-procedure. The 3 (8.82%) who had ICDs without prior radiological imaging were due to suspected empyema thoracis in the emergency department. Only 2 ICDs (3.84%) - both for pneumothoraces - were complicated by infection of the pleural space. No other major complications occurred in the remaining 50 patients. Initial ICD was displaced in 8 patients needing further ICD insertions (15.38%), confirming a significant improvement with respect to the local average.

**Conclusion:** The successful pilot of consultant-led ICD insertion sessions led to reduced length of stay, improved outcomes and improved trainee feedback - hence our policy recommendation to include pleural procedure sessions in physician job plans which is currently not undertaken uniformly in the UK.

**P3362**

Medical thoracoscopy: Learning curve of a new service

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**Introduction:** Many hospitals have, or plan to establish, a Medical Thoracoscopy (MT) service. Whilst high diagnostic yields and low adverse event rates are widely reported, little is known about the learning curve attributed to the procedure.

**Aims:** To examine the diagnostic rate per annum (‘hit rate’) and learning curve of a Medical Thoracoscopy service in a large District General Hospital.

**Methods:** We retrospectively analysed data from our first 100 consecutive MT’s since November 2008. Procedures were carried out by three Consultant teams with experience of Medical Thoracoscopy, one Consultant learning the technique and trainee under close supervision. ‘Hit-rate’ per year was calculated and trend analysed to determine the learning curve.

**Results:** ‘Hit-rate’ was 65% in year 1, 79% in year 2 and 89% in year 3, demonstrating a steep learning curve for this skill. Histologically confirmed diagnosis included mesothelioma (n=34), metastatic lung cancer (n=20; predominantly non-small cell lung cancer), other metastatic malignancy (n=16; predominantly Ca Breast), pleural Tuberculosis (n=4), chronic inflammation (n=13) and fibrous pleural plaque (n=1). Five MT’s were performed for palliative purposes, one had to be abandoned and six failed to achieve a diagnostic yield. No major procedure related adverse events were noted during the study period.
Fibrinous pleuritis (FP) is a common thoracoscopic diagnosis and implies a benign aetiology, however, the number of cases that subsequently result in malignancy is not fully known.

Objective: To evaluate the role of Abram’s pleural biopsy in determining the diagnosis of empyema thoracis.

Methods: A retrospective analysis was performed on 110 patients who underwent thoracoscopic surgery for empyema thoracis. Abram’s pleural biopsy needle was used to obtain biopsies for histopathology. The study also re-confirms the diagnostic yield of pleural effusions by comparing the diagnostic yield of pleural fluid with the results of Abram’s pleural biopsy.

Results: A specific diagnosis of an exudative pleural effusion (EPE) often produces a diagnosis rate of over 90% in year 4. The study also re-confirms the diagnostic yield of pleural effusions by comparing the diagnostic yield of pleural fluid with the results of Abram’s pleural biopsy.

Conclusion: The majority of FP cases follow a benign course but need 2 years follow-up, as a proportion develop malignancy after a significant interval. Benign exudative pleural effusion is a poor prognostic marker in the elderly despite the absence of subsequent malignancy.

P3364
Eosinophilic pleural effusions – Is everything clear?
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Introduction: Eosinophilic pleural effusion (PE) is a rare condition that can be caused by various underlying diseases. The diagnosis of PE is often challenging due to the heterogeneous nature of the disease.

Methods: We performed a retrospective analysis of 390 patients from our institution who were diagnosed with PE between 2005-2009. The diagnostic criteria for PE were based on the percentage of eosinophils in the pleural fluid.

Results: PE was diagnosed in 390 patients with a mean age of 67 years. Of these patients, 284 (72.8%) were male and 106 (27.2%) were female. The most common causes of PE were medications (50.5%), malignancy (13.6%), and lung infections (11.3%).

Conclusion: The diagnosis of PE is challenging due to the heterogeneous nature of the disease. Further research is needed to identify new diagnostic tools and optimize the management of this condition.

P3365
Occurrence of malignancy after an initial diagnosis of post-thoracoscopic fibrous pleuritis
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Introduction: Fibrous pleuritis (FP) is a common thoracoscopic diagnosis and implies a benign aetiology, however, the number of cases that subsequently result in malignancy is not fully known.

Methods: Retrospective analysis was conducted of all thoracoscopies performed over a period of 5 years (2005-2009). The data was analyzed to identify the incidence of malignancy after an initial diagnosis of FP.

Results: A total of 1026 thoracoscopies were performed during the study period. Of these, 91 patients (8.9%) were diagnosed with FP. The incidence of malignancy after an initial diagnosis of FP was 2.2% (2/91).

Conclusion: The incidence of malignancy after an initial diagnosis of FP is low. Further studies are needed to confirm these findings and to identify the risk factors associated with malignancy after FP.

P3366
Risk of intrapleural hemorrhage following thoracocentesis
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Background: Diagnostic or therapeutic thoracocentesis is usually performed in patients with or without antithrombotic therapy (ATT). The risk of intrapleural hemorrhage following thoracocentesis is unknown.

Methods: We conducted a retrospective cohort study of all patients who underwent diagnostic or therapeutic thoracocentesis in our institution over a three-year period (2007-2009). We compared the incidence of intrapleural hemorrhage in patients with or without ATT.

Results: A total of 586 patients underwent 953 thoracocenteses; data were available from 940 of them. The incidence of intrapleural hemorrhage was 3.7% (35/940). In patients with ATT, the incidence was 3.6% (5/138) compared to 4.0% (30/754) in patients without ATT.

Conclusion: The incidence of intrapleural hemorrhage is similar in patients with or without ATT. Further studies are needed to identify the risk factors associated with intrapleural hemorrhage.

P3367
Role of Abram’s pleural biopsy in determining the cause of empyema thoracis
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Introduction: Empyema thoracis remains a major problem in developing countries. Clinical outcomes in tuberculous empyema are generally believed to be worse than in non-tuberculous empyema. The role of Abram pleural biopsy early detection of the cause of empyema and its treatment could be possible.

Objective: To evaluate the role of Abram’s pleural biopsy in determining the diagnosis of empyema thoracis.

Methods: A prospective study of patient’s data was undertaken at the Pulmonology department at the largest public tertiary care centre in Karachi, Pakistan. Pleural biopsies for histopathology were obtained using Abram’s pleural biopsy needle for 46 patients admitted with empyema thoracis between August 2010 and August 2011; along with pus for Gram staining, routine culture, AFB smear and AFB culture, and the results of these variables were compared for diagnostic efficiency.

Results: A comparison of the diagnostic tools used showed positive Gram staining in 28 out of 46 (60.9%) cases. Bacterial cultures were positive in 24 (52.1%) of the cases, with the 10 (21.7%) positive for Streptococcus pneumoniae, 8 (17.4%) positive for Pseudomonas aeruginosa, 6 (13%) positive for Staphylococcus aureus; and 15 (32.6%) with AFB growth on pus positive culture. Whereas histopathology revealed 28 (60.9%) cases as having acute on chronic specific inflammation, 12 (26.1%) with chronic non-specific inflammation, and 6 (13%) with acute on chronic granulomatous inflammation.

Conclusion: In comparison to other diagnostic techniques, there is no benefit of performing Abram’s pleural biopsy in determining the cause of empyema thoracis. Pus culture has a better yield in specifying the cause in most cases.
WITHDRAWN